



NSW RUGBY LEAGUE

CONFERENCE COMPETITIONS HANDBOOK

(Rules and By-Laws)

2020

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CONFERENCE COMPETITIONS INFORMATION

This handbook incorporates the rules and bylaws for all NSWRL Conference Competitions for the Districts and Clubs participating. NSWRL will determine the requirements in terms of Districts, Clubs and teams entering into a Conference Competition.

Note: All correspondence regarding any Conference Competition matter is to be directed through your local Junior League Administrator or NSWRL Club Support Officer.



COMPETITION HANDBOOK 2020

1. Admission Charges

- 1.1 Admission charges for finals only
- 1.2 Gate sheets for players and team officials for free admission can be provided for finals matches:
 - 1.2.1 TEAM OFFICIALS – maximum 5 per team
 - 1.2.2 PLAYERS (U/13's – U/14's): 20
 - 1.2.3 PLAYERS (U/15's – U/18's): 25
 - 1.2.4 PLAYERS (U/20's, U/23's and Open Age): 28
 - 1.2.5 BLUES TAG: PLAYERS (U/9's – U/11's): 15
 - 1.2.6 BLUES TAG: PLAYERS (U/13's – Over 35's) 20
- 1.3 Guideline for admission charges during finals:
 - 1.3.1 Adults: to a maximum of \$10.00
 - 1.3.2 Concessions and Children Under 16: FREE

2. Accreditation Requirements

Coaches

- 2.1. NRL International Games Coach (Under 13s +) is the minimum accreditation requirement (this must be valid)
- 2.2. All coaches MUST register on MySideline via the playrugbyleague.com website by visiting <https://profile.mysideline.com.au/register>
- 2.3. Via MySideline, coaches must be assigned to the team of which they are coaching (club registrar / secretary to administer)
- 2.4. At all times, all coaches must comply with the direction of the Ground Managers and Match Officials
- 2.5. Only registered and accredited coaches are permitted within the playing area.

Trainers

- 2.6. NRL Junior League "On Field" policy must be adhered to with respect to trainers
- 2.7. All trainers must register on MySideline via the playrugbyleague.com website by visiting <https://profile.mysideline.com.au/register>
- 2.8. Via MySideline, trainers must be assigned to their designated team (club registrar / secretary to administer)
- 2.9. Only registered and accredited trainers are permitted within the playing area
- 2.10. Minimum "Leaguesafe" accreditation to enter the field of play



- 2.11. There must be a minimum of one Level One or higher NRL Sports Trainer at the venue during any given game
- 2.12. At all times, all trainers must comply with the direction of the Ground Managers and Match Officials.

3. Appeals and Protests (Competition related)

- 3.1 In relation to NSWRL Conference Competition rules, “Protests” can be lodged when a club believes the rules and / or procedures have not been adhered to (Clubs only can lodge appeals, not individuals)
- 3.2 If a Club wishes to lodge a Protest, a \$500.00 fee applies (payable to NSWRL). If the Protest is upheld, the \$500.00 fee will be refunded to the club lodging the Protest
- 3.3 All Protests should be in writing and addressed to the Junior League Administrator and be lodged or delivered to the Junior League by 5.00pm on the Tuesday following the match
- 3.4 In all finals series matches, a Protest will only be accepted if it is received within 15 minutes after the completion of the match
- 3.5 If a Club wishes to lodge an Appeal on the outcome of a Protest, a \$500.00 fee applies (payable to NSWRL). If the Appeal is upheld, the \$500.00 fee will be refunded to the club lodging the Appeal
- 3.6 All Appeals and Protests will be in line with the NSWRL Policies and Procedures Manual. Please refer to section 1.10 of the manual for detailed information relating to both Protests and Appeals.

4. Code of Conduct and Judiciary Procedures

- 4.1. All Judiciary (send-offs), Code of Conduct and Appeal procedures are to be in line with NSWRL Junior League Policies and Procedures Manual and NRL Code of Conduct
- 4.2. A NSWRL Community Football staff member will act as the Judiciary and Code of Conduct Administrator
- 4.3. All NSWRL Conference Competitions Code of Conduct and Judiciary incidents will be reviewed by the NSWRL Incident Review Committee
- 4.4. The NSWRL “Tough Love in League” Policy will be implemented across all competitions (including Open Age)
- 4.5. Clubs are responsible for the conduct of their players, parents or carers of players, coaches, officials and Club supporters
- 4.6. Breaches of the Rugby League Code of Conduct and “Tough Love in League” Policy may result in penalties, including but not limited to:
 - 4.6.1. Suspension of a match
 - 4.6.2. Termination of a match (including potential forfeiture of competition points)



- 4.6.3. Monetary fines
- 4.6.4. Suspension of a participant on a temporary or permanent basis
- 4.6.5. Suspension of a club, League or Association on a temporary or permanent basis
- 4.7. The above penalties may be in addition to any penalty which may be imposed by a Judiciary Panel
- 4.8. Venue, day and times for potential Code of Conduct and Judiciary hearings are the following:

Code of Conduct

NSWRL Headquarters: 12 -14 Dawn Fraser Avenue, Sydney Olympic Park
Wednesday nights from 6.30pm

Judiciary

NSWRL Headquarters: 12-14 Dawn Fraser Avenue, Sydney Olympic Park
Thursday Nights from 6.30pm



Judiciary Offence Points Index

Type of Offence / Grading	Law of Game	Low	Medium	High	Serious
Trips, kicks, strikes another player	15.1.a	200	400	600	Referred directly to Judiciary Panel
Careless/Reckless High Tackle	15.1.b	200	400	600	Referred directly to Judiciary Panel
Intentional High Tackle	15.1.b	800	1600	3000	Referred directly to Judiciary Panel
Drops knees first onto an opponent on the ground	15.1.c	200	400	600	Referred directly to Judiciary Panel
Dangerous throw when effecting tackle and / or spear tackle	15.1.d	200	400	600	Referred directly to Judiciary Panel
Deliberately and continuously breaks the law of the game	15.1.e	120	200	400	Referred directly to Judiciary Panel
Offensive Language in general	15.1.f	200	400	800	Referred directly to Judiciary Panel
Offensive Language directed towards a match official	15.1.f	400	800	1200	Referred directly to Judiciary Panel
Disputes the decision of the referee or touch judge	15.1.g	120	200	400	Referred directly to Judiciary Panel
Re-enters the field of play	15.1.h	800	1600	2600	Referred directly to Judiciary Panel
Racial Insults	15.1.i	Referred directly to Judiciary Panel	Referred directly to Judiciary Panel	Referred directly to Judiciary Panel	Referred directly to Judiciary Panel
Behaves in any way contrary to the true spirit of the game Including but not limited to: - Indecent gestures to the crowd - Breach of Safe Play Code - Eye / face gouging - Spitting - Biting	15.1.i	200	300	400	Referred directly to Judiciary Panel
Coming from a distance to become involved in a fight	15.1.i	200	400	600	Referred directly to Judiciary Panel
Deliberately obstructs an opponent who is not in possession	15.1.j	120	200	400	Referred directly to Judiciary Panel
Uses a shoulder charge on an opponent	15.1.k	200	400	600	Referred directly to Judiciary Panel
Applies any unnecessary pressure or twists including grapples, crushers, or performs a 'chicken wing' style hold on a player in possession	15.1.l	200	400	600	Referred directly to Judiciary Panel
Forcefully spears at the legs of a player in possession, exposing them to unnecessary risk of injury (cannonball tackle)	15.1.m	200	400	600	Referred directly to Judiciary Panel

Please note: 100 points amounts to a one-week suspension. The Offences Points Index above is the minimum sentence for the associated grading if found guilty of the charge (plus loading if applicable).



Code of Conduct Points Index

Offence	Low	Medium	High
A) Uses offensive or obscene language to any participant	Adjudicated Breach Notice	800 Points	Referred Directly to Conduct Review Committee
B) Enter the Field of Play or the Playing Area during the course of a match without the prior approval of the Ground Manager appointed by the home club and/or League	Adjudicated Breach Notice	800 Points	Referred Directly to Conduct Review Committee
C) Excessively disputes the decision of a referee or touch judge either during or after the match	Adjudicated Breach Notice	600 Points	Referred Directly to Conduct Review Committee
D) Assault or act with aggression to any person/s	Adjudicated Breach Notice	1200 Points	Referred Directly to Conduct Review Committee
E) Behaves in a way contrary to the Code of Conduct and/or the spirit of the game	Adjudicated Breach Notice	600 Points	Referred Directly to Conduct Review Committee
F) Behave in a way which disturbs the enjoyment of a match, function or event by any other person/s, or brings discredit to the home club and/or league	Adjudicated Breach Notice	600 Points	Referred Directly to Conduct Review Committee
G) Act in such a way as to exhibit racial intolerance by language or other conduct, to any person/s	Referred Directly to Conduct Review Committee	Referred Directly to Conduct Review Committee	Referred Directly to Conduct Review Committee
H) Refuse to accept the reasonable direction of the Ground Manager, official of the team/club which that person is supporting, or official of the home club and/or League	Adjudicated Breach Notice	600 Points	Referred Directly to Conduct Review Committee
I) No person/s may make comment or take actions that bring discredit to any person, Club or League through any social media outlet	Adjudicated Breach Notice	600 Points	Referred Directly to Conduct Review Committee

Please note: 100 points amounts to a one match suspension



5. Cancellation/Postponement/Abandonment of Matches

Emergency Circumstances

- 5.1. Emergency circumstances may include:
 - 5.1.1. Any circumstances deemed to be an emergency by the NSWRL Community Competitions Coordinator, in collaboration with the stakeholders, or stipulated in the NSWRL Junior League Policies and Procedures Manual
- 5.2. If any such occurrence arises, the procedure shall be as follows:
 - 5.2.1. In collaboration with the stakeholders, Match Official and Ground Manager, the NSWRL Community Competitions Coordinator shall make the final determination if the match will continue
 - 5.2.2. If a match is to be delayed due to severe weather conditions, the Ground Manager, in conjunction with the Match Official, will make a decision on the length of delay or cancellation
 - 5.2.3. See NSWRL Junior League Policies and Procedures Manual “Abandoned Matches Due to Injury, Inclement Weather or Foul Play” (Section 3.1) for more information.

Ground Changes / Deferred Games

- 5.3. If a change to the original scheduled venue is required, it must first be approved by the NSWRL Community Competitions Coordinator and stakeholders
- 5.4. Any mass changes due to unforeseeable ground unavailability are required to be finalised and communicated by 5pm on the Friday prior to the match (note: a small amount of games may be moved in certain late notice circumstances due to unforeseeable reasons)
- 5.5. No venue changes will be accepted past this point in time
- 5.6. Abandoned matches (for any circumstances) required to be replayed MUST be played within 14 days of the original scheduling. If this cannot be achieved, zero points will be allocated to both teams involved
- 5.7. It is the Hosting Club’s responsibility to ensure that the District Administrator and NSWRL Club and Competition Coordinator are notified of any abandoned matches that have occurred at the venue before 12pm on the Monday following the match
- 5.8. If a match was abandoned, it must also be clearly written on the front of BOTH team sheets with the reason for abandonment (For example, foul play, injury, electrical storm).



6. Competitions Format and Age Criteria

Age Groups

- 6.1. Male (Tackle):
 - 6.1.1. Under 12's (for Manly Warringah and North Sydney DJRL)
 - 6.1.2. Under 13's
 - 6.1.3. Under 14's
 - 6.1.4. Under 15's
 - 6.1.5. Under 16's
 - 6.1.6. Under 17's
 - 6.1.7. Under 18's
 - 6.1.8. Under 20's
 - 6.1.9. Under 23's
 - 6.1.10. Emerging Cup (Cronulla JRL)
 - 6.1.11. Open Age

- 6.2. Male (Blues Tag):
 - 6.2.1. Under 11's
 - 6.2.2. Under 13's
 - 6.2.3. Under 15's
 - 6.2.4. Under 17's
 - 6.2.5. Open Age
 - 6.2.6. Over 35's

- 6.3. Female (Tackle)
 - 6.3.1. Under 14's
 - 6.3.2. Under 16's
 - 6.3.3. Under 18's
 - 6.3.4. Open Age

- 6.4. Female (Blues Tag):
 - 6.4.1. Under 11's
 - 6.4.2. Under 13's
 - 6.4.3. Under 15's
 - 6.4.4. Under 17's
 - 6.4.5. Open Age
 - 6.4.6. Over 35's



Weight and Age guidelines

- 6.5. NSWRL Weight and age guidelines will be applied in ages U13 to U16 age groups (as per appendix A). Players beneath the specified weight limits for their specified age will be allowed to play down one age group upon application. For more information on the application process, please refer to the NSWRL Policies and Procedures Manual, Section 2.16.

Forfeits

- 6.6 Forfeits must be notified to your Junior League Administrator and the NSWRL Community Competitions Coordinator in writing by no later than 5pm of the Friday before the match
- 6.7 Any forfeit after this point in time will incur a \$400 fine payable to the NSW Rugby League within 14 days of the forfeit (if not paid the team will be forced to forfeit the following match) – proceeds will be distributed to the clubs/district affected by the forfeit at the discretion of NSWRL
- 6.8 Any team that receives a forfeit will have seventeen (17) points added to their “points for” and zero (0) “points against”
- 6.9 Any team that forfeits in the final three (3) rounds of the season, and are final series contenders will need to show cause to the NSWRL Community Competitions Coordinator as to why they should not be disqualified from the competition
- 6.10 Any team that forfeits / withdraws in the final three (3) rounds of the season, and are not finals series contenders will need to show cause to the NSWRL Community Competitions Coordinator as to why they should not incur a \$400 fine payable to NSWRL, regardless of the time of notification specified in Section 6.6 above
- 6.11 Any team that forfeits three (3) times throughout the regular season will need to show cause to the NSWRL Community Competitions Coordinator as to why they should not be disqualified from the competition
- 6.12 For eligibility purposes, a list of player names that were available to take the field for the scheduled match (20 maximum) must be submitted to the District Administrator by the club RECEIVING the forfeit before 5pm of the Friday following the forfeited match. Player lists will NOT be accepted past this point in time and players will not be granted a game for qualification purposes
- 6.13 See NSWRL Policies and Procedures Manual for conditions around forfeits (Section 3.9) and minimum player numbers (Section 4.23).

Fines

- 6.14 NSWRL are the only entity permitted to issue fines for Rules and Bylaw’s breaches for clubs/teams playing in the NSWRL Conference Competitions
- 6.15 See NSWRL Policies and Procedures Manual in relation to fines schedule (Section 1.4).



Match Durations

6.16	Open Age (Male) Gold and Silver Division	2 x 35 minute halves
6.17	Open Age (Male) Bronze Division	2 x 30 minute halves
6.18	Open Age (Female)	2 x 30 minute halves
6.19	Under 16's, 17's, 18's, 20's and 23's (Male)	2 x 30 minute halves
6.20	Under 13's, 14's and 15's (Male)	2 x 25 minute halves
6.21	Under 14's, 16's and 18's (Female)	2 x 25 minute halves
6.22	League Tag Under 13's, 15's, 17's, Open Age	2 x 25 minute halves
6.23	League Tag Over 35's	2 x 25 minute halves
6.24	Under 12's (Male)	2 x 20 minute halves
6.25	League Tag Under 11's	2 x 20 minute halves
6.26	Half-time in all competitions is 10 minutes whistle to whistle maximum.	

Competition Points

- 6.27 Competition points are awarded as follows:
- Win = 3 points (also for a team receiving a forfeit)
 - Draw = 2 points
 - Loss = 1 points
 - Bye = 3 points
 - Forfeit = 0 points (for the team forfeiting)
 - Washout = 0 points (including BYES and forfeits in washouts).

Grading / Re-grading

- 6.28 Grading of age groups will be determined by the NSWRL Community Competitions Coordinator in collaboration with the Stakeholders group of each Conference Competition
- 6.29 Previous season results and player movement will be taken into consideration
- 6.30 Clubs will have the ability to nominate a division however, this will only be a recommendation and cannot be guaranteed
- 6.31 The NSWRL Community Competitions Coordinator, in collaboration with the Stakeholders group, will have the ability to move teams from their current division after five (5) matches have been played
- 6.32 After five (5) matches, no teams will be moved from their current division
- 6.33 If a team is promoted to a higher division, they will be placed in 4th position on the competition ladder with equal points and for and against as the current 4th placed team
- 6.34 If there are multiple teams in 4th position an average for and against points will be calculated
- 6.35 If a team is relegated to a lower division, their points will carry across along with for and against points.



Team Nominations

- 6.36 Teams must nominate under a singular club entity
- 6.37 The NSWRL Community Competitions Coordinator, in collaboration with the stakeholders group, reserve the right to add teams up until the completion of round three (3). Under exceptional circumstances, application for a team nomination after Round three (3) may be submitted to the NSWRL Community Competitions Coordinator for consideration
- 6.38 Clubs must submit team nominations to their local Junior League Administrator by a determined date and time prior to the commencement of the competition using the correct nomination form (NSWRL supplied)
- 6.39 Minimum number of players required to be registered for a team to be nominated is the following:
 - a. Under 13's to Open Age (Male) – Thirteen (13)
 - b. Open Age (Female) – Thirteen (13)
 - c. Under 14's, 16's and 18's (Girls) – Eleven (11)
 - d. Under 9's and 11's Blues Tag – Eight (8)
 - e. Under 13's, 15's, 17's, Open Age and Over 35's Blues Tag – Eleven (11)

Mercy Rule

- 6.40 Any match in Under 13's to Under 17's competitions must cease when there is a points difference of 50 points
- 6.41 Any match in Under 18's to Open Age competitions must cease when there is a points difference of 60 points
- 6.42 Scores must not exceed the maximum points difference when entered into the MySideline system (For example, a score of 52 – 0 must be entered as 50 – 0 for any Under 13's to 17's match)
- 6.43 If a try is scored resulting in the maximum points difference being reached or exceeded, then the kick for goal following the try must not be taken.

Time Off and Scheduled Time Delays

- 6.44 Up to 5 minutes time off for all circumstances allowed in the SECOND HALF ONLY during regular competition matches
- 6.45 Matches abandoned with less than one full half of a game being completed MUST be replayed within 14 days after the scheduled match (consideration needs to be taken into game time left, time off taken and half time break). Broken time counts when constituting a half of a match. The result of matches abandoned after half time shall be recorded as the final score at the point of abandonment
- 6.46 A team shall be allowed a maximum of 15 minutes after a match's scheduled starting time to take the field without any prior confirmation of delay. After 15 minutes the match will be deemed a forfeit



- 6.47 The game times will remain as is after the 15 minute period with consideration around shortening half time break
- 6.48 See NSWRL Junior League Policies and Procedures Manual (Section 3.1) “Abandoned Matches Due to Injury, Inclement Weather or Foul Play” for more information
- 6.49 Should a match be unable to commence at the scheduled time for any unforeseeable reason, injury or extraordinary event the following needs to be applied:
 - a. Consideration needs to be taken for how many matches are left in the day, lighting and the minimum times. See NSWRL Junior League Policies and Procedures Manual (Section 4.18) for more information.
 - b. Minimum times **when reducing time** (ensuring equal halves):
 - c. Under 13’s, 14’s and 15’s (Male) 12.5 minute halves with 5 minutes half time break
 - d. Under 16’s, 17’s, 18’s, 20’s, 23’s, Open Age Bronze Division (Male) and Open Age (Female): 15 minute halves with 5 minutes half time break
 - e. Open Age Gold and Silver Division (Male): 17 minute halves with 5 minutes half time break
 - f. Girls Under 14’s, 16’s and 18’s: 12 minute halves with 5 minutes half time break
 - g. League Tag Under 9’s and 11’s: 10 minute halves with 5 minutes half time break
 - h. League Tag Under 13’s to Over 35’s: 12 minute halves with 5 minutes half time break

Registration

- 6.50 All players must register via MySideline with their appropriate District through their participating club (this is the responsibility of the Club)
- 6.51 A player cannot participate in any competition until a clearance or permit, if applicable, has been fully approved via MySideline data base or new registration approved. See NSWRL Junior League Policies and Procedures Manual Sections 10.2 and 10.12 for more information (this is the responsibility of the Club)
- 6.52 June 30 is the cut off each season for players to register and de registrations to occur (players can only de register once)
- 6.53 Under 13’s and 14’s: maximum registration numbers per team in all competitions in these age groups is twenty (20) players (see interchange section for numbers who can participate during any given match)
- 6.54 Under 15’s to 18’s: maximum registration numbers per team in all competitions in these age groups is twenty-five (25) players (see interchange section for numbers who can participate during any given match)
- 6.55 Under 20’s, 23’s and Open Age (including Open Age Women): maximum registration numbers per team in all competitions in Under 20’s, 23’s and Open Age is twenty-eight (28) players (see interchange section for numbers who can participate during any given match)
- 6.56 Players from a NSWRL Major Competition (Sydney Shield, Ron Massey Cup, Jersey Flegg or Harvey Norman Women’s Premiership) on a portability agreement with a



team in a NSWRL Conference Competition will be included in the maximum registration number quota up to a maximum of five (5) positions within the quota however, there are no restrictions on the number of players that can be used on a portability agreement during the regular season

- 6.57 Girls Under 14's, 16's and 18's: maximum registration numbers per team in all competitions in these age groups is twenty (20) players
- 6.58 Blues Tag Under 9's and 11's maximum registration numbers per team in all competitions is fifteen (15) players
- 6.59 Blues Tag Under 13's to Open Age maximum registration numbers per team in all competitions in these age groups is twenty (20) players
- 6.60 Over 35's Blues Tag maximum registration numbers per team per team is unlimited.

De-registration/unassigning players from a team

- 6.61 If a player registers to a club/team and DOES NOT participate in any match, they may be de-registered and will not count towards the maximum registration number quota
- 6.62 A player CANNOT be de-registered and removed from the 'active participants' list in the MySideline system if they have participated in a match for a team/club however, they can be unassigned from that team. Players remain as registered participants for insurance purposes but are ineligible to participate for that club for the remainder of the season
- 6.63 Once a player is unassigned from a team, they cannot be re-assigned and are no longer eligible to participate for that club for the remainder of the season
- 6.64 Under 13's to 18's and Girls Under 14's to 18's: maximum number of players that can be unassigned prior to June 30 is four (4) players. Players remain registered participants for insurance purposes but ineligible to participate for that club for the remainder of the season
- 6.65 Under 20's, 23's and Open Age (male and female) maximum number of players that can be unassigned prior to June 30 is seven (7) players. Players remain registered participants for insurance purposes but ineligible to participate for that club for the remainder of the season
- 6.66 League Tag Under 9's to Open Age: maximum number of un-assigning players prior to June 30 is four (4) players. Players remain registered participants for insurance purposes but ineligible to participate in that team.

Player Transfers/Clearances and Representative Players

- 6.67 For a player in the current season to move teams/clubs after having played one (1) or more matches in a competition an application needs to be submitted to the Junior League Administrator. The NSWRL Community Competitions Coordinator will



- approve or deny that application. For conditions around players moving teams/clubs in a season, please refer to the NSWRL Policies and Procedures Manual (Section 1.8)
- 6.68 Transfers/Clearances will be required to adhere to the NSWRL Transfer Policy, Section 2.22 of the NSWRL Policies and Procedures Manual
- 6.69 NSWRL Conference Competitions will have a Representative player quota requirement which is outlined in the NSWRL Transfers Policy of the NSWRL Policies and Procedures Manual (Section 2.22)
- 6.70 For more information, please refer to the National Clearance and Permits policy in the NSWRL Policies and Procedures Manual (Section 10.2).

Washout Policy

- 6.71 In the event of wet weather leading into weekends, every effort will be made to reschedule and transfer matches where possible
- 6.72 Districts are encouraged to move matches between Districts to ensure matches are played (the cooperation of Districts and Clubs are essential) with scheduled times to be maintained where possible
- 6.73 Any mass changes are required to be finalised and communicated by 5pm the Friday prior to the match (note: a small amount of games may be moved in certain late notice circumstances due to unforeseeable reasons)
- 6.74 If matches cannot be moved or rescheduled forcing matches to be abandoned, then all matches in that competition will be abandoned (one out, all out)
- 6.75 In the event of a round being washed out, that round will then be replayed in the final allocated washout rounds of the competition. This will be done for two rounds only. The first two washed out rounds will be moved back to the last two rounds of the season (i.e. if Round 4 is washed out, it will be replayed in the second last round. If then Round 8 is washed out, it will then be replayed in the final round. If there are no washouts, then another round of the draw will be added for the final two or one rounds remaining
- 6.76 No competition points will be allocated for washed out rounds.

Player Movement

- 6.77 Players may move between lower and higher grades throughout the competition season (age and division specific conditions below), however during finals series, qualifications and eligibility will apply:

(Under 12's to 18's)

- 6.78 When playing up an age see NSWRL Policies and Procedures Manual, Section 2.19 (Consent and application required)
- 6.79 Within the same age group, a player may play in a higher DIVISION a maximum of four (4) matches. On the fifth occasion, a player will be considered to be part of the



- secondary team (the higher division team) and are no longer permitted to play in their primary team regardless of whether the player also plays for their primary team on the same day/weekend
- 6.80 Players cannot play in a lower division in their age group to which they hold their primary registration
- 6.81 When playing up an age group, players may play in a team that is an equivalent, higher or one division lower to that of their primary team with the following conditions:
- i. If playing up an age group in an equivalent or higher division, a player may play up in a higher AGE GROUP a maximum of four (4) matches. On the fifth occasion, a player will be considered to be part of the secondary team (no longer permitted to play in the primary team) however, if the player also plays for their primary team the same day/weekend, this WILL NOT count towards the quota of four (4) matches
 - ii. If playing up an age group and down one division, a player can do this to a maximum of four (4) matches. On the fifth occasion, a player will be considered to be part of the secondary team (the higher age group team) and are no longer permitted to play in their primary team regardless of whether the player also plays for their primary team on the same day/weekend
 - iii. If playing up an age group and down a division, the limit is three players (3) per match during the regular season
 - iv. Junior Representative players (Harold Matthews, SG Ball, Johns and Daley Cup Competitions) are an exception to the above rule and can only play in an equivalent or higher division when playing up an age group (excluding SG Ball and Daley players playing up in U/20's, U/23's and Open Age Competitions)
- 6.82 A player may not participate for a secondary team at the expense of players registered to that team as their primary team
- 6.83 Players moving between divisions and age groups only count towards registrations numbers in their primary team registration cap (primary team may change considering above conditions)
- 6.84 Under 17's and 18's are to adhere to the above rules when playing up in U/20's, U/23's and Open Age competitions
- 6.85 If a club has more than one team in the same competition and division, no player movement will be allowed between the two teams. The club may apply to the NSWRL Community Competitions Coordinator for consideration of exceptional circumstances to allow identified players to move no more than once during the season.

(U/20's, U/23's, Emerging Cup and Open Age)

- 6.86 Minimum age to play Open Age is 17 years of age (player must have turned 17 to participate)



- 6.87 Players are free to move from their primary team to a secondary team that is either an equivalent, higher or one division lower where necessary however, players cannot play in a team that is two divisions lower than their primary team
- 6.88 When a higher grade team has a BYE, players can only participate for the non-bye team if they have previously participated for the same team prior to the BYE. If they have never played for that team, then they cannot play. This includes teams from NSWRL Major Competitions (Sydney Shield, Ron Massey Cup, Jersey Flegg and Harvey Norman Women's Premiership)
- 6.89 Players moving between divisions/age groups only count towards registration numbers of their primary team, not the secondary team
- 6.90 If a club has more than one team in the same competition and division, no player movement will be allowed between the two. A club may apply for consideration of exceptional circumstances to allow identified players to move no more than once during the season.

(Higher Level Competitions)

- 6.91 Note: players who participate in any higher level NSWRL Major Competitions (Sydney Shield, Ron Massey Cup, Jersey Flegg and Harvey Norman's Women's Premiership) or Junior Representative Competitions (Harold Matthews, SG Ball and Tarsha Gale), shall not be permitted to return and play in any Conference Competitions on that same weekend
- 6.92 Should a team involved in the Final Series of either Harold Matthews, SG Ball or Tarsha Gale Competitions be deemed after their game to be eliminated from that competition then this would be the only exception to this rule and would be permitted to play on the same weekend pending District approval and completion of relevant registration / clearances
- 6.93 Any clubs with a link to a NSWRL Major Competition team (Sydney Shield, Jersey Flegg, Ron Massey Cup and Harvey Norman Women's Premiership) are only permitted to play five (5) players from that higher-level team on the one weekend in the relevant Conference Competition (no more than five (5) can participate)
- 6.94 A player will be considered a 'Major Competition' player once they have played four (4) or more combined matches in any Major competition in that season. In reference to rule 6.93, if a player on portability has played less than four 'Major Competition' matches, they will not be considered as part of the five (5) player quota when playing in the relevant Conference Competition
- 6.95 NSWRL Jersey Flegg (Under 20's) players are permitted to participate in any NSWRL Conference Competition within their natural age group (subject to rule 6.91).



7. Head Injuries and Concussion Guidelines

- 7.1. See NSWRL Junior League Policies and Procedures Manual, Section 4.15.

8. Dismissed Players

Temporarily Dismissed Players (Sin Binned)

- 8.1. A player who is temporarily suspended (sin-binned) must immediately retire from the playing field to an area designated by the Ground Manager until the period of temporary suspension has expired
- 8.2. Time of suspension begins only when the referee restarts play, or indicates time on (time is to be in accordance with actual playing time)
- 8.3. If more than one player is temporarily suspended in relation to the same incident, the period of temporary suspension commences at the same time and players will return to the field together
- 8.4. When the temporary suspension expires, players must enter the field of play from an outside position
- 8.5. Temporary suspension does not include time off and half time. The period of temporary suspension is the actual time that the ball is in play.
- 8.6. Periods of temporary suspension:
- | | | |
|--------|---------------------------------|------------|
| 8.6.1. | All International Rugby League | 10 minutes |
| 8.6.2. | Girls U/14's, U/16's and U/18's | 10 minutes |
| 8.6.3. | All Blues Tag Competitions | 10 minutes |

Permanently Dismissed Players

- 8.7. A player who is permanently dismissed (sent off and not sin-binned) must immediately retire to the team's dressing room, or an area outside of the playing area designated by the Ground Manager until they have changed out of their playing uniform
- 8.8. After changing, the player must not re-enter the playing area, under any circumstances and will be deemed as a spectator
- 8.9. Ground Managers must ensure that any permanently dismissed players are made aware that a formal Notice of Charge will be issued the Tuesday following the match under the NSWRL Policies and Procedures Manual, (Section 7.1).

On-field Playing Apparel (Uniforms)

- 8.10. All clubs and teams must adhere to the NSWRL Licensing Program. See NSWRL Junior League Policies and Procedures Manual, Section 2.9 for more information
- 8.11. When team colours clash, the away team should arrange to play in a different set of jerseys
- 8.12. All jerseys are to be clearly numbered with NO duplicates.



9. Facilities

- 9.1. The NSWRL Community Competitions Coordinator, in collaboration with the stakeholders, reserves the right to deem a venue unfit to play and either move or postpone the match
- 9.2. It is to be noted that some local Junior League venues have environments which may alter the rules of the game or bench/sin bin areas (i.e. kicking for touch for penalties). These will be explained at each venue and are to be determined by the Ground Manager, Match Officials and NSWRL Club Competitions Coordinator (approval required by stakeholders group prior to commencement of season).
- 9.3. See NRL Junior League Preferred Facilities guidelines for more information.

Lighting Standards

- 9.4. The following lighting standards shall be required for training and competition matches:
 - 9.4.1. Ball training and physical training: 50 lux
 - 9.4.2. Competition matches: 100 lux

10. Finals Series

Conference Competitions

- 10.1. Top four finals series for all Conference Competitions unless otherwise changed by the NSWRL in agreeance with the key stakeholders
- 10.2. Top four finals series involves Major and Minor Semi Finals followed by a Final and then a Grand Final
- 10.3. Districts for all finals matches will be determined by the position on the ladder:
Major Semi-Final – Home District for team ranked 1
Minor Semi-Final – Home District for team ranked 3
Final – Home District of the loser of the Major Semi-Final
Grand Final – Home District for the winner of the Major Semi-Final
All districts are encouraged to play final series matches at a “neutral venue” where possible
- 10.4. Grand Final matches only may be played across Friday, Saturday and Sunday pending availability and how many matches are drawn to play in any given District. In exceptional circumstances, application must be submitted to the NSWRL Community Competitions Coordinator for approval
- 10.5. If teams are on equal points at the end of the competition regular season, “for and against” points will determine semi-final placings for all positions. If equal, most points for will determine placings followed by least points against. If the same, then



individual results of both teams playing each other will be taken into account (no play offs)

- 10.6. Any team breaching a rule in any Conference Competition finals series match, regardless of their position, will be disqualified from the Competition. The NSWRL Community Competitions Coordinator reserves the right to admit the next highest ranked team into the finals
- 10.7. If a team withdraws from any competition or is disqualified from any finals series match, any subsequent matches will be deemed a forfeit. No adjustment for previous matches will occur.

Drawn Matches and Extra Time

- 10.8. In semi-final and finals matches, if scores are equal at the conclusion of normal time, then a period of golden point extra time will follow in the form of two 10 minute periods (straight turnaround). If a team scores a try or kicks a goal / field goal at any stage within this extra time period, the referee will terminate the game with the team scoring the points declared the winner. If no points are scored at the conclusion of the 10-minute periods, the higher ranked team at the conclusion of the normal rounds will be declared the winner
- 10.9. In Grand Finals, if scores are equal at the conclusion of normal time, then a period of golden point extra time will follow in the form of two 10-minute periods (straight turnaround). If a team scores a try or kicks a goal / field goal at any stage within this extra time period, the referee will terminate the game with the team scoring the points declared the winner. If no points are scored at the conclusion of the two 10 minute periods, both teams will be declared joint premiers.

Loss of Time and Time Off

- 10.10. In Semi-finals, Finals and Grand Finals, should thirty continuous minutes of play be lost due to injury or for any other reason (foul play will be at the discretion of the NSWRL Community Competitions Coordinator and may result in the match being forfeited), the game will be terminated and be replayed at a venue and time determined by the NSWRL Community Competitions Coordinator and the Stakeholders Group of that Conference Competition
- 10.11. In Semi-Finals, Finals and Grand Finals matches, all time off shall be allowed in both halves.

Eligibility

- 10.12. The eligibility of a player to participate in any final series match (Semi-final, Final and Grand Final) will be determined based on the participants playing record on the completion of the regular rounds of competition:



(Under 12's to 18's)

- 10.12.1. All players in all U/12's to U/18's competitions must have played a minimum of five (5) regular competition matches over the course of the season for the same team to be eligible for that team
- 10.12.2. Once a player qualifies for one team they may be eligible and permitted to play for another team by application only to the NSWRL Club Competitions Coordinator. Players can seek to play in another age group or division other than the one they qualified for.

(Under 20's, 23's, Emerging Cup and Open Age)

- 10.12.3. In Under 20's to Open Age competitions, players must play a minimum of five (5) Conference competition matches for their Club to be eligible to participate in NSWRL Conference Competitions Finals series
- 10.12.4. A player will qualify for finals in the team where they have played the majority of their matches during the regular season. If the majority of matches played are in a higher division, they may not play in a lower division. This includes NSWRL Major Competition players (Jersey Flegg, Sydney Shield, Harvey Norman Women's Premiership and Ron Massey Cup)
- 10.12.5. If matches played across competitions are even at the end of the regular season, the player will be eligible for both the higher and lower division.

(Major Competitions players)

- 10.12.6. A 'Major Competition' player will qualify for finals in the team where they have played the majority of matches during the regular season. If the combined majority of matches played are in a Major Competition, they may not play in any Conference Competition Finals series
- 10.12.7. If a 'Major Competition' player plays in more than one NSWRL Major Competition throughout the season (For example, a player who plays in both Ron Massey and Sydney Shield matches in the same season), the accumulated total of matches played across these competitions will count as matches played in a Major Competition
- 10.12.8. Note: NSWRL Canterbury Cup players are not permitted to play in NSWRL Conference Competitions.

(All Competitions Conditions)

- 10.12.9. If prevented by injury, adequate medical proof is required to be submitted to the NSWRL Club Competitions Coordinator for approval or denial within 14 days of when the injury occurred. Adequate medical proof will not be accepted after 14 days. NOTE: If there were sufficient



- remaining available rounds for a player to qualify OUTSIDE of the period of injury, then an application on medical grounds will be denied
- 10.12.10. If the player was registered late and there were limited matches available due to wet weather, then application can be made to the NSWRL Club Competitions Coordinator for approval or denial for exception to these rules. NOTE: If there were sufficient remaining available rounds for a player to qualify OUTSIDE of the washout rounds, then an application on limited available rounds will be denied
- 10.12.11. For Finals qualification purposes, matches forfeited by the opposition count towards the minimum regular competition matches required to qualify for the team RECEIVING the forfeit. A list of player names that were available to take the field for the scheduled match (20 maximum) must be submitted to the NSWRL Club and Competitions Coordinator and the District Administrator by the club RECEIVING the forfeit before 5pm of the Friday following the forfeited match. Player lists will NOT be accepted past this point in time and players will not be granted a game for qualification purposes
- 10.12.12. Playing unregistered or unqualified players in any Finals Series match will result in the match to be deemed a forfeit and the offending team being disqualified from the Finals with possible further breaches applied
- 10.12.13. It is the responsibility of clubs to ensure that any player who participates in a finals series match has successfully met the minimum qualification requirements.

11. First Aid/Trainers.

- 11.1 'NRL Junior League "On Field" policy' must be adhered to with respect to trainers
- 11.2 Minimum "Leaguesafe" accreditation to enter the field of play
- 11.3 There must be a minimum of one (1) active (visible on the sideline) Level One (1) or higher NRL Sports Trainer at the venue during any given game for the game to go ahead. It is recommended that teams have their own Level One (1) Sports Trainer
- 11.4 For any reason if a team does not have a level one (1) Sports Trainer available, the opposition club and / or home club will be required to oversee the game to ensure the match can go ahead
- 11.5 Coaches and players must not act as a trainer in any match
- 11.6 Trainers must comply with any direction or instruction from the match officials or ground manager
- 11.7 Trainers must not make argumentative, disparaging, derogatory or offensive comments to any Match Official or Ground Manager



- 11.8 All trainers who enter the field of play must possess proof of accreditation in the form of NRL Trainers accreditation and have it available to the Ground Manager
- 11.9 Trainers must not enter the field of play in the line of sight of a player or interfere with an opposition player
- 11.10 The use of 'walkie-talkies', mobile phones or other electronic devices on the field of play OR within the playing area is prohibited.

12.Heat Guidelines

- 11.1 See NRL Guidelines for more information located in Section 10.27 of the NSWRL Policies and Procedures Manual.

13.Match-Day Administration

Sign on / Result Sheets

- 13.1. All clubs must use NSWRL Conference Competition sign on sheets
- 13.2. District Administrators and / or host Clubs are required to supply NSWRL Conference Competition sign on sheets for game day
- 13.3. Players must sign on a minimum 15 minutes prior to the scheduled start time
- 13.4. The Ground Manager will be responsible for sign on sheets to be completed in a timely manner
- 13.5. Both teams are required to go through the same process when signing on (this isn't to be different between home and away teams)
- 13.6. A player may sign on anytime during a match
- 13.7. If a player does not sign on they will NOT be deemed to have played in that match for eligibility purposes
- 13.8. Replacements must not sign on until they are required to take the field and are to be marked on the sign on sheet as an interchange player (either with a * or "I")
- 13.9. A player whom takes part in a different division or age group to their primary team is required to be marked on the sign on sheet accordingly (i.e. U20 player listed)
- 13.10. All sin bin and send offs must be recorded on the sign on sheet
- 13.11. Once signed on, teams are permitted to carry out warm ups or return to change rooms
- 13.12. The local Junior League Administrator and / or Club is responsible for ensuring result sheets are collected and entered onto MySideline.



Interchange

- 13.13. Male tackle and Women's Open Age tackle competitions: Up to a maximum of twenty (20) players are allowed to participate in each match. This includes the starting thirteen (13) and up to seven (7) reserves
- 13.14. Girls U/14, U/16 and U/18's: Up to a maximum of eighteen (18) players are allowed to participate in each match. This includes the starting eleven (11) and up to seven (7) reserves
- 13.15. Male competitions: In ALL Divisions (GOLD, SILVER AND BRONZE) from U/13's to Open Age, a maximum number of ten (10) interchanges will be allowed only
- 13.16. Female tackle competitions: Unlimited interchange will apply for all female tackle competitions
- 13.17. In the event of a head injury or concussion, a free interchange will be given for the player leaving the field however, that player will not be permitted to return to the field of play for the remainder of the match
- 13.18. In periods of extra time during finals series matches, each team will receive two (2) additional interchanges. These are additional to any remaining interchanges a team may have at the conclusion of normal match time
- 13.19. Blues Tag: The following numbers are allowed to participate in each match:
 - 13.19.1. U/9's and U/11's: Up to a maximum of fifteen (15) players are allowed to participate in each match. This includes the starting eight (8) and up to seven (7) reserves
 - 13.19.2. U/13's to Open Age: Up to a maximum of eighteen (18) players are allowed to participate in each match. This includes the starting eleven (11) and up to seven (7) reserves
 - 13.19.3. Over 35's: Up to a maximum of eighteen (18) players are allowed to participate in each match. This includes the starting eleven (11) and up to seven (7) reserves
- 13.20. Unlimited interchange will apply for all Blues Tag Competitions.

Draws and Times

- 13.21. See NSWRL Conference Competitions – Information and Structure for 2020 for days of play and calendars
- 13.22. Competition Rounds will be determined by the NSWRL Community Competitions Coordinator in collaboration with the relevant Stakeholders group
- 13.23. Draws will be created by the NSWRL Community Competitions Coordinator in collaboration with the relevant Junior League Administrators
- 13.24. Districts will be allocated matches of which the Junior League Administrator will be required to allocate time and venues (deadlines will be set to ensure a forward draw is available).



Ground Managers

- 13.25. Home clubs (in some cases, Districts) are responsible for appointing Ground Managers to venues during matches
- 13.26. Districts and Clubs will determine whom is responsible however venues will be required to be setup for play with the appropriate safety, tables, ropes and chairs in place
- 13.27. Ground Managers are responsible for ensuring sign on processes are adhered to, results sheets are filled in correctly and in a timely manner after each match, general control of matches in accordance with NSWRL policies and procedures, liaising with match officials, enforcing correct trainer/manager/coach and spectator behaviour, ensuring appropriate judiciary reports forms/sheets are available to the match officials and provided to all parties concerned in the event of an incident
- 13.28. They are required to be visible at all times during matches either at the officials table or on the sideline and wearing the NSWRL provided, coloured Ground Manager vest
- 13.29. They will be heavily involved in the enforcement of the NRL Code of Conduct for off-field concerns, in particular, being aware of the NSWRL Conference Competitions Handbook and reporting of incidents.

Playing Cards

- 13.30. A condition of NSWRL Conference Competitions is that a player is NOT permitted to participate in a match without a digital player registration identification card being present
- 13.31. Cards must be present prior to the commencement of any competition match with all players to sign on accordingly
- 13.32. In the event of exceptional circumstances, the local Junior League Administrators should be contacted. If the circumstances were unforeseeable, the teams will be instructed to continue the match with the players' names to be recorded and checked post-match
- 13.33. Junior League Administrators in collaboration with the NSWRL Club Competitions Coordinator have the ability to approve individual circumstances if it can be proven that registration on MySideline with a photo exists.

14. Sideline Area and Bench Locations

- 14.1. Both the home and away team benches must be on the same side of the field
- 14.2. Where team benches are located within the playing area e.g. inside the fence, the following provisions must be adhered to:
 - 14.2.1. Under no circumstances is "barracking" or abuse from the bench permitted. This also refers to advice or assistance to the match officials in relation to their performance or how they should carry out their duties



- 14.2.2. Personnel on the bench may comprise only those people directly related to the conduct of the match itself e.g. coaches, reserve players, trainers and team manager with a requirement to be clearly identified with a vest or shirt and have official identification
- 14.2.3. Under no circumstances is a suspended player permitted inside the playing area / on the bench
- 14.2.4. A player who is temporarily suspended must immediately retire from the playing field to the dressing shed or area designated by the Ground Manager until their temporary suspension has expired
- 14.2.5. The Ground Manager may request any person on the bench to leave at any time
- 14.2.6. Players and Officials on the bench must, at all times, remain at the bench allocated to their team (except for warm-ups)
- 14.2.7. No one besides the Ground Manager can approach the match officials
- 14.2.8. Whilst Officials are not expected to sit during the entire match, they must not leave this immediate area or approach the field of play under any circumstances
- 14.2.9. No members of the general public are permitted within the playing area.

15. Timekeeping

- 15.1. The home team, in conjunction with the away team if they so wish, will be responsible for the keeping of match time
- 15.2. If the away team does not nominate anyone for this purpose, they must accept the timekeeping of the home team
- 15.3. All decisions of the official timekeeper shall be final and not open to review or appeal, unless the NSWRL Community Competitions Coordinator determines so in collaboration with the stakeholders
- 15.4. In all cases, the referee will be the sole judge of when play shall cease after the half-time or full-time siren has sounded
- 15.5. The referee may extend the match to award a penalty or to complete the play currently underway, at their discretion.

16. Situations Not Covered

- 16.1 NSWRL Determination shall be final should any situation arise that is not covered under these rules including making adjustments to these rules where applicable.



GIRLS TACKLE COMPETITIONS

17.U14, U16 and U18 Girls Conference Competitions

Subject to the modifications below, matches will be played under the International Laws of Rugby League. All requirements governing the off-field conduct of matches and the behaviour of players (i.e. judiciary) will be outlined in the NSWRL Junior League Policies and Procedures Manual or elsewhere in the Conference Competitions Handbook.

- 1 Maximum of 20 registered players
- 2 Teams can consist of a maximum of eighteen (18) players per game, with no more than eleven players on the field at any one time
- 3 Unlimited interchange will apply for all female tackle competitions
- 4 A minimum of nine (9) players are required to take the field for a team before the match will commence
- 5 U/14, U/16 and U/18 Girls will play on an International sized field (100m x 68m)
- 6 Five (5) players only will form scrums (**All scrums are to be DE-POWERED**, as per the SafePlay Code)
 - 6.1 Scrums will only be formed in the event of a mutual infringement or double knock-on. In all other circumstances a hand-over to the non-offending team will take place at the location where the scrum would normally have been formed.
- 7 After any points have been scored play will restart with a kick-off by the scoring team at the centre of the half way line
- 8 Match Duration: 2 x 25 minute Halves
- 9 Periods of temporary suspension (sin bin) will be for ten (10) minutes duration



NSWRL U/13's Weight Restricted Competitions

18.2020 NSWRL U/13's Fast Footy Conference Competition

NSWRL will be offering "Fast Footy" as an option for U/13 players across Sydney.

Regular 'Open Weight' Divisions will continue to run as normal with the alternative for Clubs to enter a team into the "Fast Footy" competition provided all players meet the following weight and age criteria:

- Under 13 and under 68kg

Player Eligibility for Weight Restricted Competitions

Any team who nominates for a Weight Restricted Competition will be required to make their team available for weighing prior to the commencement of the competition. A NSWRL/League nominated official will then weigh each member of the team prior to them being allocated to that team and allowed to participate. Similarly, any player wishing to join the team late or player up from a lower age group must be weighed prior to taking part.

Once weighed and deemed eligible a player will not be required to be weighed again during the season. Likewise, if weighed and deemed ineligible, a player will NOT be permitted to be weighed again at a later date in an attempt to become eligible through losing weight.

The NSWRL Junior Rugby League Weight Dispensation Guidelines will also apply as below (see Appendix A).



19. Appendix A: NSWRL JRL Weight and Age Guidelines

Players may apply for dispensation to participate in an age group one (1) year below that of their 'natural' age (the age that they turn/become in the current calendar year). This will be approved for players who are judged to be within the required Weight Limit as listed below.

Lower Weight limit based on approximately the 15th percentile of males in the general population.

- U6: N/A
- U7: players 21kg or under may play U6
- U8: players 23kg or under may play U7
- U9: players 26kg or under may play U8
- U10: players 29kg or under may play U9
- U11: players 33kg or under may play U10
- U12: players 37kg or under may play U11
- U13: players 42kg or under may play U12
- U14: players 48kg or under may play U13
- U15: players 53kg or under may play U14
- U16: players 55kg or under may play U15
- U17: players 58kg or under may play U16

FEMALE COMPETITIONS

For mixed competitions and female only competitions in the U6 – U12 age group, the above guidelines are available for use. For female only competitions U14 – U18 the following Weight Dispensation limits will apply:

- U14 – Players turning 13 in the current year and;
 - 38kg or under may play in U12 female only competitions
 - 42kg or under may play in U12 mixed competitions
- U16 – Players turning 15 in the current year and 44kg or under may play U14
- U18 – Players turning 17 in the current year and 48kg or under may play U16

These guidelines are approved for use within NSWRL affiliated competitions for the 2019 season. at the discretion of competition administrators.

Players wishing to play down an age group

These players must make application to the League to be considered for eligibility for the age group below. In this instance a NSWRL appointed official would weigh the players concerned and if eligible mark these players' records as being eligible for the age group requested. Once weighed and verified, the player will not be required to be weighed for the remainder of the season.